

**UCSF HEART AND LUNG TRANSPLANT PROGRAM  
VITAL SIGN RECORD**

DATE														
AM temperature														
AM Pulse														
AM blood pressure														
weight														
PM temperature														
PM Pulse														
PM blood pressure														
BREAKFAST Blood sugar														
BREAKFAST Insulin units														
LUNCH Blood sugar														
LUNCH Insulin units														
DINNER Blood sugar														
DINNER Insulin units														
BEDTIME Blood sugar														
BEDTIME Insulin units														

**If temperature > 100 degrees F If Diastolic BP >100; If blood pressure changes by 20 mmHg or more; If P<60 or changes by 20 beats per minute or more. If weight gain > 2 lbs overnight; Call Transplant Coordinators at 415-353-4148 or MD on call at 415-353-4145**